



LTYA Concussion Guidelines
Rev 8-2023

All LTYA Coaches should complete an online Concussion Training course.

Coaches should download a Concussion Recognition tool. One can be found at www.ltya.org, volunteers, Concussion Training Course tabs.

A youth athlete suspected of sustaining a concussion shall be removed from the game, activity or practice at that time and shall not return to play until evaluation by a health care provider trained in the evaluation and management of concussions and receiving written clearance to return to play. Written clearance should be sent to ltyasports@gmail.com